

Kraft

Five-Cup Fruit Salad

Recipe by Kraft

Prep Time

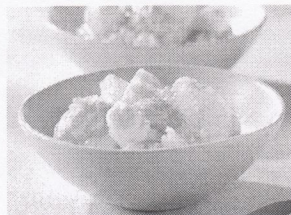
15 min.

Total Time

3 hr. 15 min.

Servings

7 servings, 1/2 cup each



What You Need

- 1 can (8-1/4 oz.) pineapple chunks, undrained

- 1 can (11 oz.) DOLE Mandarin Oranges, drained

- 1 container (8 oz.) BREAKSTONE'S or KNUDSEN Sour Cream, any variety

- 1 cup BAKER'S ANGEL FLAKE Coconut

- 1 cup JET-PUFFED Miniature Marshmallows

Make It

Drain pineapple, reserving 1 Tbsp. of the juice.

Mix pineapple, reserved juice and remaining ingredients; toss lightly. Cover.

Refrigerate several hours or until chilled.

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Kitchen Tips

Substitute

Prepare as directed, using BREAKSTONE'S Reduced Fat or KNUDSEN Light Sour Cream.

Special Extra

Garnish with maraschino cherries and mint sprigs.

Nutrition

Servings

7 servings,
1/2 cup each

Nutritional Information

Serving Size 7 servings, 1/2 cup each

AMOUNT PER SERVING

Calories 170

% Daily Value

Total fat 10g

Saturated fat 7g

Cholesterol 25mg

Sodium 55mg

Carbohydrate 19g

Dietary fiber 2g

Sugars 15g

Protein 2g

Vitamin A 10 %DV

Vitamin C 20 %DV

Calcium 4 %DV

Iron 0 %DV